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Turtle Day

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It's a turtle day.
I want to pull in my limbs
One...by...one
Arms,
Legs,
And then my head.

I want to curl up
Inside my protective shell
Safe from weather,
Hidden from responsibilities,
Away from the world.
Until I can regain my stride.
Until I get a handle on life.
Until I feel safe and strong...
Ready to cope again.
Gloomy,
Rainy,
Yes, it is a turtle day.
Gray.

